



The Original Plate



VIBROGYM®

The VibroGym® Domestic is designed for domestic use. The VibroGym® Domestic is very userfriendly: it has virtually maintenance-free technology and easy adjustable training programmes and exercises. The VibroGym® Domestic is also suitable for small spaces.

DOMESTIC

Based on the principle of 'Whole Body Vibration' we introduce a new, highly effective training method: VibroTraining®. VibroGym® Domestic is produced in the Netherlands to ensure top quality. The complex motor construction consists of a patented one motor system built into the vibration platform the so called single swing method. It is steered, controlled and synchronized through electronics used in Formula 1 cars.

The outstanding usability of the VibroGym® Domestic is ensured by easy to handle and virtually maintenance-free technology, and by easily adjustable training programmes and exercises.

VibroGym® Domestic—a perfect symbiosis of stainless steel, functionality, technology, lasting quality and timeless design.



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Coming with the product:

VibroStraps

The upper body straps can be adjusted in length; they stimulate specific groups of muscles.



VibroMat

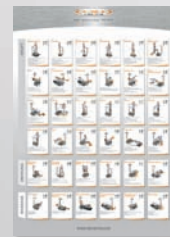
A mat is provided for exercises that involve parts of the body, other than the feet, coming into direct contact with the platform. The mat has a damping effect and protects clothing.



VibroGym® Domestic

VibroTraining® Poster

The high-quality poster illustrates the 36 VibroTraining® exercises in a self-explanatory way.



VibroTraining® DVD

On the enclosed DVD the 36 VibroTraining® exercises are vividly demonstrated.



TECHNICAL SPECIFICATIONS VIBROGYM® DOMESTIC

Properties of the VibroGym® Domestic

Material	Steel (inside) frame and PU cover
Dimensions (l x b x h)	600 mm x 700 mm x 1300 mm
Weight	53 kg/113 lb
Voltage	110-130V and 220-240V
Power Consumption	250 Watt
Maximum Load	120kg/257 lb
Frequency settings	Training-Massage
Force	1.1 kN/1.9 kN
Colour	Silver-grey
Operation	Membrane keyboard, start/repeat/stop button
Warranty	2 year factory guarantee *conditions apply